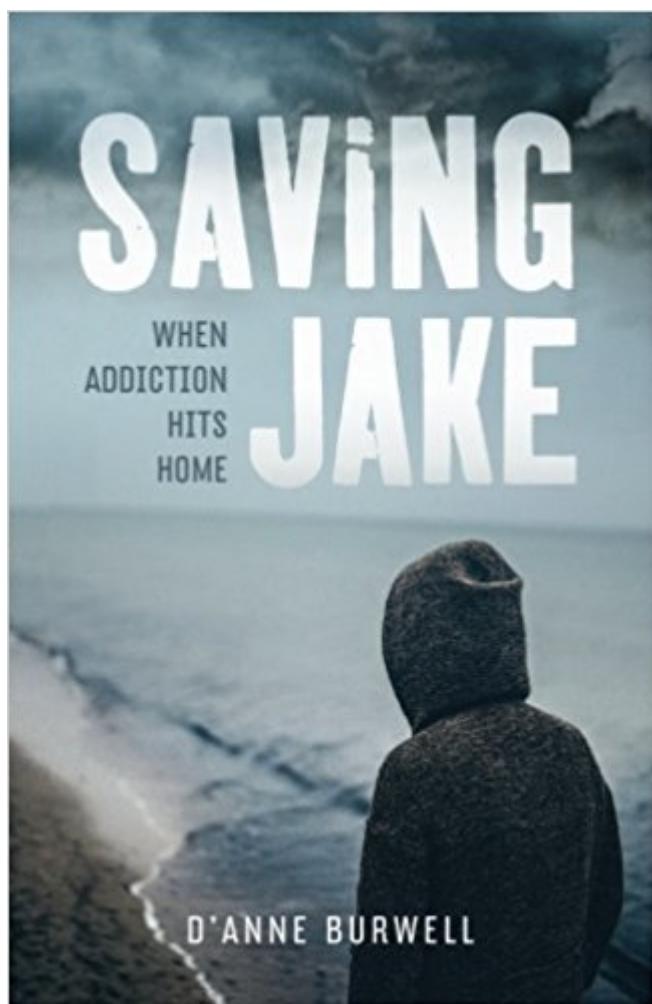


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# Saving Jake: When Addiction Hits Home



## **Synopsis**

D&apos;Anne Burwell&apos;s smart, athletic son--raised in a loving and prosperous home--begins abusing OxyContin as a teenager, and within a year drops out of college, walks out of rehab, and lands homeless on the streets of Boulder. Struggling with fear, guilt, and a desperate need to protect her son, D&apos;Anne grapples with her husband&apos;s anger and her daughter&apos;s depression as the family disease of addiction impacts them all. She discovers the terrifying links between prescription-drug abuse and skyrocketing heroin use. And she comes to understand that to save her child she must step back and allow him to fight for his own soul. **SAVING JAKE** gives voice to the devastation shared by the families of addicts, and provides vital hope. Above all, it is a powerful personal story of love and redemption. Winner of the 2016 Eric HofferÂ ª AwardÂ ª in Memoir, the 2016 Eric Hoffer First Horizon Award, and the 2015 USA Best Book Award for Addiction & Recovery.

## **Book Information**

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## **Customer Reviews**

"Without cleverness or false pride, Burwell, a suburban mother of a struggling son, writes the brutal truth about addiction... Setbacks and relapses cannot dampen our cheering for this mother and family in this potent personal tale of devotion and commitment and an impassioned plea for a national dialogue on a pressing health crisis."- Publishers Weekly "Burwell highlights the extraordinary power of opioid addiction over human behavior... This quietly powerful book will stay with you for a long time."- Keith Humphreys, Washington Monthly"Burwell&apos;s story of her family&apos;s harrowing journey comes at a fortuitous time, [when] the skyrocketing abuse of

prescription drugs and heroin is forcing everyone from health care leaders to presidential candidates to reassess our decades-long war on drugs."- Martha Ross, San Jose Mercury News "... The best book since [David Sheff's] *Beautiful Boy* on the real-life experience of parenting a kid with substance use disorder. It is harrowing but ultimately uplifting..." - Ann Herbst, *Young People in Recovery* "Powerful and insightful... an important and necessary addition to our society's conversation about addiction and the efforts to defeat it." - The US Review of Books "A brave and powerful memoir... Rooting for Jake on every page, we come to share in his struggle and in his family's hope for recovery." - Katrina Kenison, author of *The Gift of an Ordinary Day* "Too much shame and silence surround addiction. Burwell's terrific memoir will move dialogue forward on one of the top health problems of our time." - Greg Williams, director of *The Anonymous People*"Beautifully written, exquisitely detailed, this book chronicles the long and often tortuous journey to recovery for both addicted individuals and all those who love and care for them. If your child is struggling, you will find comfort in the pages of this book, knowing you are not alone." - Katherine Ketcham, co-author of *Broken and Teens Under the Influence*"Fantastic book and great cover!" - Jeffrey Keen, USA Book News

ANNE BURWELL holds a Master's degree in education and advocates for families of addicts through radio commentaries, parent mentoring, organizing community events, and national speaking engagements. She lives with her husband in Silicon Valley.

Anne Burwell follows the long, tough road to family recovery, highlighting the shame and silence that often accompanies addiction. What's unique about Anne's book is that she incorporates the latest resources and research about addiction into her story, reinforcing the point that educating yourself about the disease of addiction will facilitate the recovery process. Through her own arduous journey to understand and cope with her son's addiction, she has provided a wealth of resources for anyone dealing with an addicted child. I am the mother of an addicted son who found recovery from substance abuse so her words and story resonated. I was captivated by her ability to vividly capture the experience of watching addiction take over her son's life. Her honest introspection into her own responses mirrored the heartache and confusion a parent feels when they awaken to the grim reality that addiction has the upper hand. I applaud Anne for breaking the silence surrounding addiction by sharing her personal

story. In doing so, she offers families of addicts hope as well as a roadmap toward recovery, highlighting the importance of educating yourself about addiction as a disease and seeking professional counseling. I highly recommend this memoir to anyone who loves an addict and wants to find their way to recovery. I also recommend it for health care professionals who work in the addiction field.

I was drawn to D'Anne Burwell's "Saving Jake: When Addiction Hits Home" because I know far too many families dealing with the horror of addiction. D'Anne's startling honesty about her son's struggle, along with the crushing impact it had on her family, touched this reader to her core. In a flash, a healthy, thriving child begins to live recklessly and within the strong grips of addiction, quickly plunges to a level where he is barely living at all. How do we save our own son or daughter, husband or wife, when he or she has been abducted so abruptly from our lives? "Saving Jake", an emotionally gripping memoir references much of Ms. Burwell's research on the subject of addiction -- a lifeline for anyone searching for the means to personally cope and save a loved one from this insidious disease. The book should serve as a primer for families in crisis to help them navigate through the turmoil, stress, fear, and heartache addiction inflicts. It is also an inspiring tale of survival, and a mother's resolve to do all she can -- learn, listen, and change -- to save her child. Five stars from this avid reader!

I have been a psychotherapist and alcohol and drug counselor for the past 45 years. SAVING JAKE will touch many lives and give hope to the family and the addict. It was a remarkable read. I just ordered an additional copy for my office to share with parents with concerns about children. Burwell's ability to establish boundaries, allow Jake to succeed or fail as his addiction demanded and to love unconditionally is heartwarming. I found it interesting how hard this mother worked to become knowledgeable of addiction, codependency, depression, and all the emotions that those things entail. Burwell is a remarkable woman and author, but mostly a mother who is truly inspirational. Randy Brooks, MA, Psychotherapist, Tucson, AZ

The author could have been writing our story! I can't say enough about how this book touched me AND my family. My sister bought a copy and my mom has one for herself, who is now passing it to her sister. Aside from the similarities in our stories, this book is so well written. There was no "fluff" to take space. Every page is relevant and spoke to me. There's a "sisterhood" of sorts between us moms of addicts. Just like a mother who has lost a child cannot be related to except by other

mothers who have lost a child... Mother's of addicts are similar, except our children are "walking dead". It's devastating, but the hope is there and in my personal story, I am beginning to see the glimpses of light of day.

ÃƒÂ¢Ã  ¬Ã  Å“Saving Jake: When Addiction Hits HomeÃƒÂ¢Ã  ¬Ã  Å• is heart wrenching story of a motherÃƒÂ¢Ã  ¬Ã  â„¢s love for her son and the emotional exhaustion of watching him go down the road to destruction. DÃƒÂ¢Ã  ¬Ã  â„¢Anne Burwell eloquently shares the pitfalls and cautious joys of survival when trying to cope with the her sonÃƒÂ¢Ã  ¬Ã  â„¢s drug use. The book demonstrates once again that addiction doesnÃƒÂ¢Ã  ¬Ã  â„¢t discriminate. It reminds the reader of the excruciating pain family members feel as the disease progresses with no end in sight as it proceeds to destroy all in itÃƒÂ¢Ã  ¬Ã  â„¢s path. DÃƒÂ¢Ã  ¬Ã  â„¢Anne story is engrossing and keeps the reader anxiously waiting to see what becomes of Jake. As a parent coach and also the mother of a child who started down her path at CU, the story touched me deeply and reminded me that while the substance use details may vary, the love, worry, and emotional pain of mothers put in this situation never changes. Thank you for having the courage to tell your story and for sharing that ÃƒÂ¢Ã  ¬Ã  Å“compassion with love and hopeÃƒÂ¢Ã  ¬Ã  Å• is an ingredient in the recipe that leads to recovery. Cathy Taughinbaugh ([www.cathytaughinbaugh.com](http://www.cathytaughinbaugh.com))

I devoured D'Anne's book. It was raw, poignant and gripping. I cried throughout the book. Sadly, almost every family I know, including myself has had a personal experience with addiction. Opioid abuse in particular is a national epidemic. Thank you D'Anne for lending an honest voice to this crisis. We have only just begun to give it the attention it deserves. The stigma of addiction comes from the public believing that this life-threatening medical condition results from poor willpower and that it can be changed solely through motivation, effort and self-control. We also have only begun to understand all the complexities involved. I highly recommend this book for all readers. We as a people need to have compassion for addicts and help to reduce the stigma. It is a multi-faceted problem requires a multi-faceted solution.

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addiction recovery, habits, breaking bad habits) Saving Jake: When Addiction Hits Home Addiction and Recovery: How to Overcome Alcohol, Gambling, Drug, Sex, Food, and Technology Addictions (Addiction, Substance Abuse, Addiction and Recovery, Alcohol Addiction) Gambling Addiction Cure: Gambling Addiction Cure and Recovery of Your Life (Addiction Recovery, Addiction Gambling, Quit Smoking, Addictions) Porn Addiction: How to Quit Porn, Porn Addiction, Step-by-Step Easy Guide to Control Your Porn Addiction, Stop Watching Porn in 7 Days! (Porn Addiction, Improve Your Relations, Live Happier Life) The Nicotine Addiction Cure - How to Avoid Triggers, Manage Withdrawal Symptoms, and Quit Nicotine & Smoking for Life (tobacco addiction, nicotine addiction, ... recovery, smoking addiction, stop smoking,) 2015 Greatest Rock & Pop Hits for Piano: 21 Current Hits (Piano/Vocal/Guitar) (Greatest Hits) Gambling:Overcoming Gambling Addiction- The Ultimate Blueprint To Escape Compulsive Gambling Addiction Forever! (Gambling Addiction,Gambling,Compulsive Gambling,Roullette,Gambling Systems) Opiate Addiction - How to detox from Opiates (How to Get Off Opiates): SHORT READS - Signs of opiate addiction, Symptoms of opiate use, Signs of opiate ... prescription drugs abuse, heroin addiction) My Husband's a Porn Addict: A wife's tormenting journey through her husband's addiction ((Pornography addiction, porn addiction, spouse of porn addict)) Gambling Addiction: The Ultimate Guide To Gambling Addiction Recovery: How To Finally Overcome Gambling Addiction And Problem Gambling Forever (Overcome ... Sports Gambling, Fantasy Sports, Poker) Jake Maddox: Win or Lose (Team Jake Maddox Sports Stories) Hooked: When Addiction Hits Home Beginner's Home Recording On A Budget: How to Build an Affordable Recording Studio at Home and Get Your Music Heard (Home Recording, Home Recording for ... Songwriting, Home Studio, Acoustic) INTERIOR DESIGN : The Beginner's guide, organise your home, techniques and principles on art of decoration: Customise your home with us (Home design, home construction, home arranging with style) Top Hits from TV, Movies & Musicals Instrumental Solos: Trombone, Book & CD (Top Hits Instrumental Solos) The Complete Idiot's Guide to Rock Hits for Ukulele: 25 Great Rock Hits for Ukulele -- You CAN Play Your Favorite Songs!, Book & 2 Enhanced CDs 2016 Greatest Christian Hits: Deluxe Annual Edition (Greatest Hits)

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